



Nyob Noj Qab

Ib daim ntawv xov xwm rau cov tswvcuab ntawm lub koom haum Central California Alliance for Health



Lub kaum ob hlis ntuj xyoo 2021 | PHAU 27, TSAB XOY XWM 4



Mloog koj lub cev ua ntej thiab tom qab cev xeeb menyuam

Yog tias koj tab tom cev xeeb menyuam lossis muaj ib tus menyuam mos nyob rau xyoo tag los no, nws yog ib yam tseem ceeb los sib tham nrog koj tus kws kho mob txog ntawm txhua yam uas hnov tsis xis nyob nrog koj tus menyuam lossis koj li kev noj qab haus huv. Lub Chaw Tiv Thaiv thiab Tswj Kav Kab Mob (Centers for Disease Control and Prevention; CDC, raws li sau hauv lus Askiv) tau pib nrog qhov **Kev Nqua Hu Mloog Nws (Hear Her Campaign)** los txhawb rau cov poj niam cev xeeb menyuam thiab tom qab yug menyuam tag kom sib tham nrog lawv tus kws kho mob tam sim yog tias muaj tej cov yam ntxwv pib tshwm sim uas tsis zoo thooj li ib txwm. Tam li cov kev nquag hu

hais tseg, "Koj paub koj lub cev zoo tshaj. Yog koj hnov tias muaj qee yam uas tsis zoo thooj li ib txwm lossis ua rau koj txhawj xeeb, tsis txhob muab tso tseg."

Cov yam ntxwv uas tsis zoo thooj li ib txwm tuaj yeem tshwm sim ncuaj sijhawm cev xeeb menyuam lossis ntev txog ib xyoo tom qab cev xeeb menyuam. Cov tsos mob nov yog hu ua cov yam ntxwv ceeb toom leej niam uas maj ceev. Nws tseem ceeb rau koj los sib tham nrog koj tus kws kho mob tam sim yog koj muaj tej qhov twg ntawm cov tsos mob no:

- Mob tob hau heev.
- Kiv tob hau lossis tsaus muag.
- Tsis pom kev tseeb/qhov muag txaij.
- Ua npaws.

- Ua pa nyuab.
- Nkees heev li.
- Mob lub hauv siab.
- Mob duav heev li.
- Xeev siab heev thiab ntuav.
- O heev.
- Muaj ntshav los ntawm ncauj qho tsev menyuam lossis muaj kua dej tawm los ncuaj sijhawm cev xeeb menyuam.
- Muaj ntshav los ntawm ncauj qho tsev menyuam ntau heev lossis muaj kua dej tom qab cev xeeb menyuam.
- Tsis hnov menyuam nti li lawm lossis nti maj mam heev lawm ncuaj sijhawm cev xeeb menyuam.
- Pheej xav txog ntawm kev ua kom tus kheej puas tsuaj lossis ua kom koj tus menyuam puas tsuaj.

Rau kev paub ntxiv mus saib [cdc.gov/hearher/pregnant-postpartum-women/index.html](https://www.cdc.gov/hearher/pregnant-postpartum-women/index.html).

Yog tias koj cev xeeb menyuam lossis muaj menyuam mos xyoo tag los no, lub Alliance *Txoj Kev Pab Cuam Kom Cov Leej Niam thiab Menyua Mosliab Noj Qab Haus Huv (Healthy Moms and Healthy Babies Program; HMHB, raws li sau hauv lus Askiv)* tuaj yeem pab koj nrog rau tej ntau ntawm thiab cov chaw muab kev pab txhawb kom cev xeeb menyuam muaj kev noj qab haus huv thiab saib xyuas tom qab yug menyuam tag. Hu rau lub Alliance Phab Qhia Kev Noj Qab Haus Huv Tus Xov Tooj rau ntawm **800-700-3874, ext. 5580** txhawm rau mus tso npe. Rau Tus Xov Tooj Pab Cov Tsis Hnov Lus lossis Hais Lus Tsis Tau, hu rau **800-735-2929** (TTY: Ntaus 7-1-1).

Tus Xov Tooj Nug Kev Pab Los Ntawm Tus Kws Tu Neeg Mob yog dab tsi?

Tus Xov Tooj Nug Kev Pab Los Ntawm Tus Kws Tu Neeg Mob yog muaj rau Alliance txhua tus tswvcuab siv. Yog koj lossis koj tus menyuam muaj mob lossis muaj cov lus nug txog kev noj qab haus huv, koj tuaj yeem hu rau tus Xov Tooj Nug Kev Pab Los Ntawm Tus Kws Tu Neeg Mob. Qhov kev pab cuam no qhib 24 teev hauv ib noob, 7 noob hauv ib lub vij yam tsis sau nqi ntawm koj.

Thaum twg kuv thiaj hu rau tus Xov Tooj Nug Kev Pab Los Ntawm Tus Kws Tu Neeg Mob?

Hu tus Xov Tooj Nug Kev Pab Los Ntawm Tus Kws Tu Neeg Mob thaum:

- Koj lossis koj tus menyuam muaj mob thiab koj tsis tuaj yeem hu tau lossis mus tsis tau rau qhov chaw teem caij sib ntsib nrog koj tus kws kho mob—piv txwv, yog tias koj tus menyuam ua npaws lossis sawv pob, ntuav, lossis koj tus menyuam quaj tsis thooj li ib txwm.
- Koj tsis paub zoo seb koj puas tsim nyog mus rau chav kho mob xwm txheej ceev.
- Koj muaj lus nug hais txog koj li kev noj



qab haus huv lossis koj tus menyuam li kev noj qab haus huv.

- Koj muaj noob nyoog qis dua 18 xyoo thiab xav sib tham ua ntiag tug txog ntawm koj cov kev hnyav siab txog kev noj qab haus huv.

Tus kws tu neeg mob uas teev npe tseg lawm yuav muab tswvyim rau koj tias yuav ua li cas tom ntej. Alliance los kuj tuaj yeem pab koj:

- Ua kev teem caij sib ntsib nrog koj tus kws kho mob xub thawj.

- Muab cov kev txiav txim siab seb thaum twg thiab yuav mus nrhiav kev kho mob li cas rau qhov xav tau maj ceev.

Nce raws koj cov xav tau rau kev noj qab haus huv, tus kws tu neeg mob los kuj yuav pab muab tswvyim rau koj siv tom tsev.

Hu rau **844-971-8907** (TTY: Ntaus **7-1-1**) los sib tham nrog tus kws tu neeg mob.

Thaum koj hu

Yog koj muaj koj li Alliance Daim Npav Ua Tswvcuab Tus Npawb ID (Alliance Member ID) nrog koj, npaj kom txhij los qhia rau tus kws tu neeg mob txog tus npawb ID. Cov tswvcuab tus uas muab lawv tus npawb ID yuav muab ntaus mus rau hauv qhov chaw rho npe tau nyiaj txhua hli. Koj tuaj yeem muaj yeej tau ib daim **npav nyiaj khoom plig \$50 Target**.



CIM TSEG: Yog koj muaj mob xwm txheej ceev, hu g11 lossis mus rau lub chav kho mob xwm txheej ceev uas nyob ze tshaj plaws.

Txhaj tshuaj mob khaub thuas: Yog vim li cas sijhawm thiaj tseem ceeb

Thaum nws hais txog qhov koj tau txais kev txhaj tshuaj tiv thaiv khaub thuas txhua xyoo, nws them ua ntej thaum ntov.

Ntawm no yog qhov laj thawj tias vim li cas:

Nws siv sijhawm li ntawm ob lub lim tiam tom qab txhaj tshuaj rau koj lub nrog cev tsim kev tiv thaiv thiab pib tiv thaiv mob khaub thuas dua. Yog li ntawv nws yog ib lub tswvyim zoo uas koj tau txais ua ntej tus

kab mob khaub thuas pib mob mus ib puag ncig.

Thaum twg thiaj yog lub sijhawm zoo tshaj plaws? Sai li sai tau thaum koob tshuaj no muaj nyob rau lub caij nplooj zeeg. Nws yog ib qho zoo yog ua kom tiav rau thaum yuav tag ntawm Lub Kaum Hlis Ntuj. Tiam sis txawm hais tias nyob rau Lub Ib Hlis Ntuj lossis tom qab los tau, kev txhaj tshuaj tiv thaiv khaub thuas yeej tsim nyog. Tus mob khaub thuas tseem nquag raug rau lub caij nplooj hlaw.

Kev txhaj tshuaj tiv thaiv tus mob khaub thuas txhua xyoo yog ib lub tswvyim zoo rau txhua tus nyob hauv koj tsev neeg uas muaj noob nyug 6 hli thiab loj tshaj ntawm.

Muab cov ntsiab lus ntawm los ntawm: Centers for Disease Control and Prevention

NWS YOG QHOV TWG: KAB MOB COVID-19, UA DAUS NO LOSSIS KHAUB THUAS?

COV TSOS MOB	KAB MOB COVID-19	UA DAUS NO	KHAUB THUAS
 Hnoos	Ib txwm muaj	Ib txwm muaj	Ib txwm muaj
 Ua pa luv	Ib txwm muaj	Tsis yog (tswj tsis yog nws ua rau mob hauw pob)	Tsis yog (tswj tsis yog nws ua rau mob hauw pob)
 Txham	Tsis yog	Ib txwm muaj	Tsis yog
 Los ntswg lossis txhaws ntswg	Ib txwm muaj	Ib txwm muaj	Qee zaus
 Mob qa	Ib txwm muaj	Ib txwm muaj	Qee zaus
 Ua npaws	Ib txwm muaj	Qee zaus	Ib txwm muaj
 Tshee	Ib txwm muaj	Tsis yog	Qee zaus
 Nkees	Ib txwm muaj	Qee zaus	Ib txwm muaj
 Mob tob hau	Ib txwm muaj	Muaj tsawg	Ib txwm muaj
 Mob ib ce	Ib txwm muaj	Qee zaus (li ib txwm lawm tsis mob heev)	Ib txwm muaj
 Raws plab	Ib txwm muaj	Muaj tsawg	Qee zaus (nyob hauv cov menyuam yaus)
 Xeev siab lossis ntuav	Ib txwm muaj	Tsis yog	Qee zaus (nyob hauv cov menyuam yaus)
 Tsis qab los noj lossis tsis hnov ntxhiab tsw	Ib txwm muaj	Muaj tsawg	Muaj tsawg



Nqis tes ua! Hu g11 yog koj lossis tus neeg koj hlub muaj cov yam ntxwv mob xwm txheej ceev rau kab mob COVID-19. Qhov no suav nrog muaj teeb meem kev ua pa, mob hauv siab lossis ceev hauv siab tsis ploj li, tsis meej pem tshwm sim tshiab, muaj teeb meem pw tsis tsim lossis pheej tsim dhuj dheev, thiab dis ncauj lossis ntsej muag xiav.

Koj cov tsos mob yuav muaj qhov sib txawv. Hu rau koj tus kws kho mob yog koj muaj qhov hnyav siab txog ntawm cov tsos mob tsis zoo thooj li ib txwm lossis cov tsos mob hnyav.

Muab cov ntsiab lus tawm los ntawm: American Academy of Allergy, Asthma and Immunology; Asthma and Allergy Foundation of America; Centers for Disease Control and Prevention; World Health Organization



Qhia peb seb peb ua tau li cas!

Lub Alliance tab tom ua kev cov kev ntsuam xyuas nug tswvcuab. Peb xav hnov tias seb peb puas muab tau kev pab cuam rau koj zoo zog! Tej zaum koj yuav tau txais qhov kev ntsuam xyuas nug uas yog xa tuaj raws kev xa ntawv lossis hu xov tooj tuaj nug. Yog tias koj txais qhov kev ntsuam xyuas nug xa tuaj raws kev xa ntawv, peb thov koj lub sijhawm ib pliag los sau daim ntawv thiab muab nws xa rov qab uas yog siv lub hnab ntawv uas xa tuaj nrog.

Qhov kev ntsuam xyuas nug no hu ua Kev Ntsuam Xyuas Nug Tus Siv txog ntawm Cov Kws Pab Kho Mob thiab Cov Kev Ua Haujlwm (li paub hu ua CAHPS) thiab nug cov tswvcuab:

- Lawv zoo siab npaum li cas rau lawv cov kws kho mob.

- Lawv zoo siab npaum li cas rau lawv qhov kev saib xyuas kho mob.

- Lawv zoo siab npaum li cas rau lawv lub phiaj xwm kho mob.

Qhov kev ntsuam xyuas no yuav muab khwv yees xa mus rau pab pawg neeg ntawm Alliance cov tswvcuab txhua xyoo. Lub Alliance siv cov tshwm sim tau los ntawm qhov kev ntsuam xyuas nug los txhim kho cov kev pab cuam thiab cov khoos kas peb muab rau koj. Qhov kev ntsuam xyuas nug no yuav tsis qhia npe thiab yuav tsis cuam tshuam txog koj li kev saib xyuas kho mob.

Peb saib muaj nqis hais txog koj li kev muab tswvyim!

Chaw nyob yog ib yam tseem ceeb heev rau koj kev noj qab haus huv

Kev tsis muaj chaw nyob zoo thiab tsis muaj tsev nyob tuaj yeem tsim qhov tsis zoo rau koj lub cev thiab fab siab ntsws.

Puas yog koj muaj teeb meem txog kev them nqi xauj thiab nqi dej nqi hluav taws xob? Puas yog koj tau txais daim ntawv ceeb toom lossis ceeb toom txog kev ntiab tawm los ntawm koj tus tswv tsev?

Muaj ntau lub chaw yuav pab tau. Kev pab fab nyiaj txiag muaj rau cov neeg xauj tus khwv tau nyiaj tsawg thiab lawv cov tswv tsev tus uas ntsib teeb meem los ntawm kab mob COVID-19. Tej zaum koj tuaj yeem los txais tau kev pab nrog rau qhov nqi xauj thiab nqi siv dej siv hluav taws xob uas tsis tau them tig rov qab mus txog rau Lub Plaub Hlis Ntuj Tim 1, 2020, nrog rau them cov nqi xauj tom ntej. Cov neeg xauj thiab cov tswv tsev tau txais kev txhawb nqa kom thov rau. Kawm paub ntxiv txog ntawm cov chaw muab kev pab uas muaj rau koj los ntawm kev hu lossis kev mus saib cov vev xaib hauv qab no:

- **Santa Cruz thiab Merced khauj tim**, hu **833-430-2122** lossis mus saib **housing.ca.gov**.

- **Monterey Khauj Tim**, hu **211** lossis mus saib **unitedwaymcca.org/county-rent-and-utility**.

Cov ntsiab lus hauv tsab ntawv tau nqa tuaj rau koj los ntawm Tsev Nyob rau Feem Haujlwm Kev Noj Qab Haus Huv ntawm Santa Cruz Khauj Tim, homelessactionpartnership.org.



Puas yog tsis nkag siab cov ntawv xa mus kho thiab cov kev tso cai?



Nws muaj ntau cov ntsiab lus raug siv nyob rau hauv kev saib xyuas kev noj qab haus huv thiab qee zaus nws tuaj yeem ua rau tsis nkag siab rau txhua qhov ntawd nws li. Nov yog tej ntaub ntawv uas yuav pab tau.

- **Daim Ntawv Xa Mus Kho.** Yog tias koj raug muab cob rau Alliance tus kws pab kho mob, koj yuav tsum muaj daim ntawv xav mu ntsib lwm tus kws kho mob. Nws yeej muaj qee lub sijhawm uas yuav zam tau qhov ntawm no. Mus saib koj Daim Ntawv Puavpheej Hauv Kev Kho Mob thiab Ntawv Qhia (Evidence of Coverage; EOC, raws li sau hauv lus Askiv) lossis Phau Ntawv Rau Tus Tswvcuab kom saib tau daim ntawv sau txhij. Yog tias koj tus kws kho mob xub thawj xav tias koj yuav tau mus ntsib lwm tus kws kho mob, nws yuav sau daim Foos Ua Ntawv Xa Mus Sab Laj (Referral Consultation Form). Koj tus kws kho mob xub thawj xa cov ntawv theej tawm mus rau tus kws kho mob uas yuav ua ntawv xa koj mus ntsib ntawd thiab mus rau Alliance. Daim ntawv xa mus kho yog txoj hauv kev ua kom lwm tus kws kho mob thiab lub Alliance paub tias tau kev pom zoo mus ntsib lawm. Yog peb tsis muaj daim ntawv xa mus kho, peb yuav tsis tuaj yeem them rau qhov thov nyiaj rov qab los ntawm lwm tus kho mob.

- **Tau tso cai rau daim ntawv xa mus kho lawm.** Peb cov cheeb tsam pab cuam

muaj nrog Santa Cruz, Monterey thiab Merced khauj tim. Yog koj tus kws kho mob ua ntawv xa koj mus ntsib ib tus kws kho mob nyob sab nrauv ntawm cheeb tsam pab cuam, nws yuav tsum tau kev pom zoo los ntawm peb ua ntej tso. Qhov no hu ua tau tso cai rau daim ntawv xa mus kho lawm. Qhov no txhais tias peb muab kev tso cai (pom zoo) rau daim ntawv xa mus kho ua ntej koj tuaj yeem mus ntsib lwm tus kws kho mob. Yog koj yog ib tus tswvcuab ntawm Alliance Cov Kev Pab Cuam Saib Xyuas Pab Txhawb Nyob Hauv Tsev (Care In-Home Supportive Services), koj los kuj yuav tsum muaj qhov tau tso cai rau daim ntawv xa mus kho lawm yog koj tus kws kho mob xub thawj ua ntawv xa koj mus rau ib tus kws kho mob uas tsis muaj ntawv cog lus nrog Alliance—tab txawm tus kws kho mob nyob hauv peb cheeb tsam pab cuam los xij. Alliance cov tswvcuab tus uas tau tso npe rau hauv California Kev Pab Kho Mob Rau Menyuaam Yaus (California Children’s Services) los kuj yuav tau muaj qhov tau tso cai rau daim ntawv xa mus kho lawm

rau kev saib xyuas tswj xeeb.

- **Kev tso cai ua ntej.** Lub Alliance yuav tsum pom zoo rau qee cov kev pab cuam, cov txheej txheem kho mob, cov tshuaj kho mob thiab tej khoom siv kho mob ua ntej koj mus nqa tau. Qhov no hu ua kev tso cai ua ntej. Tus kws pab kho mob tus uas yuav mus muab cov kev pab cuam yuav tsum xa ib daim ntawv thov rau peb thov rau kev tso cai ua ntej, qhia rau peb paub txog yam koj xav tau thiab laj thawj tias vim li cas. Tus kws pab kho mob tuaj yeem xa raws es lev taus niv, los ntawm fev lossis xa ntawv. Peb yuav tshab xyuas daim ntawv thov thiab tej ntaub ntawv sau tseg txog kev kho mob uas tus kws pab kho mob xa tuaj. Yog tias qhov kev pab cuam, txheej txheem kho mob, tshuaj kho mob lossis khoom siv kho mob tseem ceeb rau qhov kev kho mob thiab tau pab them rau, peb yuav muab kev pom zoo rau daim ntawv thov. Peb yuav qhia rau tus kws pab kho mob paub, thiab tag ntawd koj mus txais tau qhov kev pab cuam. Yog peb tsis kam rau daim ntawv thov, peb yuav qhia rau koj thiab tus kws pab kho mob paub. Koj yuav tuaj yeem sau tau qhov thov kom rov qab txiav txim dua yog koj tsis pom zoo nrog peb qhov kev txiav txim siab
- **Lus qhia ntxiv.** Yog tias koj xav pom daim ntawv qhia txog cov kev pab kom txhij uas tsis thas tos rau txoj kev xa mus, mus saib koj Daim Ntawv Puavpheej Hauv Kev Kho Mob thiab Ntawv Qhia (Evidence of Coverage; EOC, raws li sau hauv lus Askiv) lossis Phau Ntawv Rau Tus Tswvcuab. Mus saib tau Phau Ntawv Rau Tus Tswvcuab hauv peb lub istawsnev, www.thealliance.health.

PEB XAV UA KOM NTSEEG TIAS paub txog txoj hauv kev mus txais cov kev pab cuam uas tau pab them los ntawm koj lub phiaj xwm kev noj qab haus huv. Saib Phau Ntawv Rau Tus Tswvcuab ntawm www.thealliance.health.



Muaj cov kev pab cuam Kev Txhais Lus Piav Tes (American Sign Language) yam tsis sau nqi

Koj puas paub tias lub chaw Alliance muab Kev Txhais Lus Piav Tes (American Sign Language) pub dawb rau cov tswvcuab uas lag ntseg lossis hnov lus tsis zoo? Peb rau siab ua Haujlwm kom txhua tus tswvcuab tuaj yeem tham rau lawv thawj tus kws kuaj mob txog feem xav tau saib xyuas rau kev noj qab haus huv ntawm lawv. Yog

tias koj xav paub txog cov kev pab cuam ntawm no, thov hu rau Health Education Line rau ntawm **800-700-3874, ext. 5580**. Koj tuaj yeem siv California Relay Service hu tuaj rau peb rau ntawm **800-735-2929** (TTY: Ntaus **7-1-1**).



Koj puas tau mus saib peb lub istawsnev tshiab?

Tam sim no yooj yim tshaj lawm:

- Hloov koj daim npav tshiab, kho koj tej ntaub ntawv lossis thov hloov koj tus kws kho mob xub thawj.
- Tau txais ntaub ntawv qhia txog cov kev pab cuam tswvcuab.
- Nrhiav kev kawm paub txog kev noj qab haus huv lossis khoos kas kev tswj mob nkeeg los tso npe nkag rau.

Mus saib peb ntawm www.thealliance.health.

MEDI-CAL Rx

Xov xwm tshiab tseem ceeb rau koj lub Medi-Cal cov tshuaj noj siv ntawv yuav

Vim tias Lub Ib Hlis Ntuj Tim 1, 2022, koj cov ntawv sau yuav tshuaj uas tau mus nqa nyob ntawm ib lub tsev muag tshuaj tam sim no tau pab them los ntawm Medi-Cal Rx, tsis yog lub Alliance lawm. Medi-Cal Rx yog ib txoj kev pab tshiab los ntawm Lub Tuam Tsev Haujlwm Saib Xyuas Cov Kev Pab Kho Mob (Department of Health Care Services) los pab koj nrog rau cov koj xav tau hauv tsev muag tshuaj.

Thaum sau ib daim ntawv yuav tshuaj rau ntawm lub chaw muag tshuaj, koj yuav tsum muab koj Daim Npav Qhia Kev Txais Kho Mob (Benefits Identification Card; BIC, raws li sau hauv lus Askiv) qhia rau lawv.

Koj yuav tsum tau txais koj daim BIC thaum koj ua ib tug tswvcuab ntawm Medi-Cal xub thawj. Yog koj tsis tau txais koj daim npav, lossis yog nws poob lawm lossis raug nyiag lawm, koj tuaj yeem thov hloov ib daim npav BIC tshiab tau dawb. Thov hu rau koj lub chaw ua haujlwm Medi-Cal hauv koj lub zej zos.

- Lub Zos Merced

Lub Chaw Ua Haujlwm Muab Kev Pab Rau Pej Xeem (Human Services Agency)

209-385-3000

- Lub Zos Monterey

Lub Tuam Tsev Haujlwm Muab Kev Pab Rau Cov Pej Xeem (Department of Social Services)

877-410-8823

- Lub Zos Santa Cruz

Lub Chaw Ua Haujlwm Muab Kev Pab Rau Pej Xeem (Human Services Department)

888-421-8080

Yog koj muaj lus nug txog ntawm koj lub tsev muag tshuaj cov txiaj ntsig, xav tau kev pab nrhiav lub tsev muag tshuaj lossis tsis zoo siab rau cov kev pab cuam uas Medi-Cal Rx muab kev pab thiab xav sau ib daim ntawv hais kev tsis txaus siab, hu Medi-Cal Rx ntawm **800-977-2273** (TTY: Ntaus **7-1-1**) lossis mus rau **Medi-CalRx.dhcs.ca.gov**. Lawv qhib txhua txhua 24 teev hauv ib noob, 7 noob hauv ib lub vij.

Lwm cov ntaub ntawv ntsig txog Medi-Cal Rx muaj nyob rau ntawm peb lub istawsnev rau ntawm **www.thealliance.health/medi-calrx**.



Hloov pauv tus qauv hom tshuaj ntawm lub Alliance nyob rau qhuav tawj peb xyoo 2021

Peb siv Lub Cuaj Hlis Ntuj Tim 1, 2021

Ntxiv rau cov qauv tshuaj kho mob

Cim tseg: tus qauv tshuaj ntxiv hauv qab no tsuas yog rau IHSS cov tswvcuab xwb. Naloxone looj plhaub sab nrauv qhia Medi-Cal rau cov tsis yog IHSS cov tswvcuab.

- Narcan (naloxone 4 mg tsuag rau hauv qhov ntswg)
- Kloxxado (naloxone 8 mg tsuag rau hauv qhov ntswg)
- Naloxone carpject (cartridge-hom txhaj)
- Naloxone hom txhaj

Pawg Thawj Coj Pab Tswvyim Rau Tswvcuab Tshiab

Beacon Health Options (li ib txwm paub hu ua Beacon) tswj lub Alliance cov kev pab cuam kev noj qab haus huv fab puas siab ntsws. Beacon rhiav Alliance cov tswvcuab mus koom nws Pawg Thawj Coj Pab Tswvyim Rau Tswvcuab Tshiab. Lub hom phiaj ntawm pawg thawj coj yog los ua kom nkag siab zoo zog txog cov xav tau ntawm peb cov tswvcuab tus uas tau txais Beacon cov kev pab cuam.

Pawg thawj coj yuav sib ntsib ib zaug txhua peb lub hlis ntev li ib teev. Cov rooj sib tham yuav ua los ntawm hu sib tham pom ntsej muag lossis hu hauv xov tooj. Muaj cov kev pab cuam txhais lus ncuu sijhawm cov rooj sib tham yog koj hais ib hom lus tsis yog lus Askiv.

Cov tswvcuab koom pawg thawj coj yuav tsum muaj cov no:

- Yog Alliance ib tus tswvcuab, lossis yog tus ua niam txiv ntawm Alliance tus tswvcuab, tus uas tau txais Beacon cov kev pab cuam.
- Muaj noob nyoog tshaj 18 xyoo.
- Kam los qhia txog koj cov tswvyim thiab cov kev ntsib dhau los uas yuav pab txhim kho tau Beacon cov kev pab cuam rau lwm tus.
- Muaj peev xwm mloog tau zoo thiab muab tswvyim qhia tau rau lwm tus.



YOG TIAS KOJ XAV los koom nrog pawg thawj coj, thov hu Beacon Lub Chaw Ua Haujlwm Saib Xyuas Kev Coj Thooj (Compliance Department) ntawm **657-465-9162** lossis email **ComplianceWest@beaconhealthoptions.com**.



Raws qab peb nyob rau Facebook! Nrhiav peb tau ntawm [facebook.com/TheAllianceForHealth](https://www.facebook.com/TheAllianceForHealth).

Soj qab saib:

- Cov kev pab cuam thiab kev pab muaj los ntawm koj lub phiaj xwm saib xyuas kev noj qab haus huv.

- Cov tswvyim los pab ua kom koj nyob noj qab haus huv.
- Lus qhia tshiab txog zej tsoom kev noj qab haus huv nyob hauv koj lub zej zog.



NYOB NOJ QAB yog luam tawm rau cov tswvcuab thiab cov neeg muab kev koom tes hauv zej zos ntawm **CENTRAL CALIFORNIA ALLIANCE FOR HEALTH**, 1600 Green Hills Road, Suite 101, Scotts Valley, CA 95066, xov tooj 831-430-5500 lossis (800) 700-3874, ext. 5513, website www.thealliance.health.

Cov ntsiab lus hauv **NYOB NOJ QAB** yog los ntawm coob tus kws kho mob los. Yog koj muaj kev txhawj xeeb lossis muaj lus nug txog tej yam lus uas yuav tsim tau tej yam tsis zoo rau koj txoj kev noj qab haus huv, thov hu rau koj tus kws kho mob.

Cov duab thajj thiab cov duab teeb no tej zaum yog siv cov neeg ua quav yees duab.

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